

Good morning!

Today is another Monday and the new challenge video is up and running. Make sure you take a look!


We will allot time on Friday for completing the challenge outcome. Throughout the week, we will be participating in learning which should help us when we get to the outcome day. We are aspiring, persevering, reflective learners, so we will be doing some work in our reflective journal throughout the week. To make sure you know which lessons are linked to our weekly challenge, we will mark the lesson with a












and **AYOC** to show it is part of *The year of change* activities.


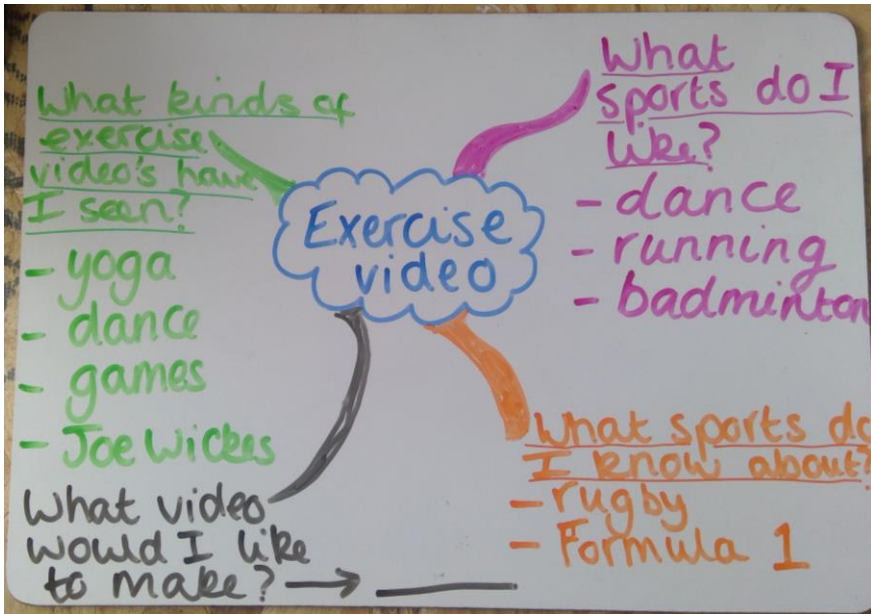
Please send us your work from the previous learning if you haven't done so already.  
Have a good day!

Time	Learning
9-9:30	<p><b>Wake up Shake up - please use this time to exercise.</b></p> <p>There are lots of different options, here are a few you could choose from:</p> <p><b>Joe Wicks</b> - <a href="https://www.thebodycoach.com/blog/pe-with-joe-1254.html">https://www.thebodycoach.com/blog/pe-with-joe-1254.html</a></p> <p><b>Cosmic yoga</b> - <a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a></p> <p><b>Just dance</b> - <a href="https://www.youtube.com/watch?v=oe_HDfdmnaM">https://www.youtube.com/watch?v=oe_HDfdmnaM</a></p> <p>You could use this time to take a walk/bike ride as your daily exercise.</p>
9:30-10:00	<p><b>Phonics</b></p> <p>Your child should start their phonics session by watching a video which introduces a new sound. The video can be found here: <a href="https://www.youtube.com/channel/UCo7fbLgY2oA_cFCIg9GdxTQ?fbclid=IwAR2zPh6YahiI_fOxLD_ikMQES-EWj_l_6L8MYTCYYUYMBv-1DePkw5_7--E">https://www.youtube.com/channel/UCo7fbLgY2oA_cFCIg9GdxTQ?fbclid=IwAR2zPh6YahiI_fOxLD_ikMQES-EWj_l_6L8MYTCYYUYMBv-1DePkw5_7--E</a></p> <p>If the link doesn't work try clicking on this link <a href="https://www.ruthmiskin.com/en/find-out-more/help-during-school-closure/">https://www.ruthmiskin.com/en/find-out-more/help-during-school-closure/</a> and then click on either the YouTube link or the Facebook link on the first line.</p>

	<p>The videos are only streamed at certain times of the day and are set depending. The times are:</p> <ul style="list-style-type: none"> <li>• Set 1 Speed Sounds at 9.30am</li> <li>• Set 2 Speed Sounds at 10.00am</li> <li>• Set 3 Speed Sounds at 10.30am</li> </ul> <p>(It may be better to do mental maths and problem solving first and come back to phonics, if your video is at a later time)</p> <p>In terms of the reading section of the phonics lesson, Oxford Owl are making all the phonics books available online as ebooks. Here is the link  <a href="https://home.oxfordowl.co.uk/reading/reading-schemes-oxford-levels/read-write-inc-phonics-guide/">https://home.oxfordowl.co.uk/reading/reading-schemes-oxford-levels/read-write-inc-phonics-guide/</a></p> <p>Once you've clicked on the link then click on ebooks and then you need to register but it is completely free. Once registered you can then open all the ebooks and choose the correct banded level for your child.</p> <p>This means you do not need to look at the RWI books on the school website and we will not be adding any further books there.</p> <p><u>Guided reading:</u></p> <p>If your child is not in a phonics group and instead does guided reading, please find newly uploaded texts on the Butterflies home learning page here:  <a href="https://www.sealprimary.com/page/?title=Home+Learning&amp;pid=470">https://www.sealprimary.com/page/?title=Home+Learning&amp;pid=470</a>, please find today's timetable and the text will be there.</p>
10:00-10:15	<p><b>Understanding the world ...</b> </p> <p>Practise the days of the week:  <a href="https://www.youtube.com/watch?v=mXMofxtDPUQ">https://www.youtube.com/watch?v=mXMofxtDPUQ</a></p> <p>Practise the months of the year:  <a href="https://www.youtube.com/watch?v=Fe9bnYRzFvk">https://www.youtube.com/watch?v=Fe9bnYRzFvk</a></p>
10:15 - 10:30	<p><b>Spellings</b></p> <p><u>This week's spellings are:</u></p> <p>Push</p> <p>Pull</p> <p>Full</p>

	<p>House</p> <p>Ask</p> <p>Love</p> <p>Remember to write your spellings out <b>big</b>, <i>small</i>, <i>wiggly</i> and with your eyes shut!</p>
10:30 - 11:00	Breaktime/snacktime
11:00 - 12:00	<p>  </p> <p>PE AYOC</p> <p>First you need to watch the new challenge video!  <a href="http://sealprimary.ng3.devwebsite.co.uk/page/?title=2020%2D+A+year+of+change%2C+challenge+page%2E&amp;pid=287">http://sealprimary.ng3.devwebsite.co.uk/page/?title=2020%2D+A+year+of+change%2C+challenge+page%2E&amp;pid=287</a> </p> <p><b>LO:</b> to developing balance, agility and co-ordination.</p> <p><b>SC1:</b> I can balance</p> <p><b>SC2:</b> I can catch, and throw a ball in different ways</p> <p><b>SC3:</b> I can move in a space</p> <p>You are going to be making an exercise video! We don't know what you will choose to pick, so we will be putting a range of activities to try on here to practise some basic skills that you may need in your exercise video.</p> <p><b>Balancing</b></p> <p>Good balance can help with moving and running quickly, such as changing direction, cycling longer and having a better understanding of moving your body.</p> <p>Yoga is a sport that you need good balance for! Have a go at some of these yoga poses!</p> <p><a href="https://www.youtube.com/watch?v=zMHOgzFTPSg">https://www.youtube.com/watch?v=zMHOgzFTPSg</a></p> <p><b>Hand eye coordination</b></p> <p>You need good hand eye coordination to throw and catch balls. See if you can have a go at any of these activities. You may not be able to do all of the due to access to what you have at home.</p>

	<p><a href="https://www.youtube.com/watch?v=H2iaWVZY-9c">https://www.youtube.com/watch?v=H2iaWVZY-9c</a></p> <p><b>Moving in a space</b></p> <p>You need balance and coordination to move in a space. See if you can use them both to have a go at this!</p> <p><a href="https://www.youtube.com/watch?v=ymigWt5TOV8">https://www.youtube.com/watch?v=ymigWt5TOV8</a></p> <p>We have been looking at some exercise videos. Have you seen any different ones you would like to share? What sports do you like to do?</p>
12:00- 1:15	Lunch
1:15-1:30	<p><b>Cursive handwriting practise</b></p> <p><b>Well done to those children who got smiles: Felix, Amber, Aaron, Maisie and Ava! Enjoy your smile time!</b></p> <p>If you have received a Miss Cuss smile you may use this time to do an activity of your choosing!</p>
1:30- 2:30	<p><b>Maths</b></p> <p><b>LO:</b> to compare, describe and solve practical problems for time</p> <p><b>SC1:</b> I understand how time is measured</p> <p><b>SC2:</b> I can sort activities into hours, minutes and seconds</p> <p><b>SC3:</b> I can solve problems by comparing times</p> <p>We looked at time at school! Quick warm up! Tell me the time!</p> <div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="text-align: center;">  <input style="width: 100px; height: 20px;" type="text"/> </div> <div style="text-align: center;">  <input style="width: 100px; height: 20px;" type="text"/> </div> <div style="text-align: center;">  <input style="width: 100px; height: 20px;" type="text"/> </div> <div style="text-align: center;">  <input style="width: 100px; height: 20px;" type="text"/> </div> <div style="text-align: center;">  <input style="width: 100px; height: 20px;" type="text"/> </div> <div style="text-align: center;">  <input style="width: 100px; height: 20px;" type="text"/> </div> <div style="text-align: center;">  <input style="width: 100px; height: 20px;" type="text"/> </div> <div style="text-align: center;">  <input style="width: 100px; height: 20px;" type="text"/> </div> </div>

	<p>Time is measured in hours, minutes and seconds. Have a look at the power point on hours, minutes and seconds on this website.</p> <p><a href="https://sites.google.com/kmtraining.org.uk/homelearning/maths">https://sites.google.com/kmtraining.org.uk/homelearning/maths</a></p> <p>How many minutes do you think passed since you ate breakfast?</p> <p>How many hours this week?</p> <p>How many seconds since you did handwriting?</p>
2:30-3:00	<p><b>Reflective journal</b> </p> <p>You have been looking at lots of different exercise videos today! Which one was your favourite and why?</p> <p>What exercise video would you like to make?</p> <p>Make a list of your ideas! Then pick your favourite one!</p> 
3:00-3:15	<p><b>Story time</b></p> <p>On Monday's Miss Fermor is going to read you a story ...</p> <p><a href="https://www.youtube.com/watch?v=tqLWXm3Yaal">https://www.youtube.com/watch?v=tqLWXm3Yaal</a></p>

Well done to everyone for their learning today!

Please do not worry if weren't able to complete everything on the timetable. We think you've all done a brilliant job!

Take care and stay safe,  
Miss Cuss and Miss Theobald