

Good morning!

We will allot time on Friday for completing the challenge outcome. This week the outcome will be on Thursday. Throughout the week, we will be participating in learning which should help us when we get to the outcome day. We are aspiring, persevering, reflective learners, so we will be doing some work in our reflective journal throughout the week. To make sure you know which lessons are linked to our weekly challenge, we



will mark the lesson with a and **AYOC** to show it is part of *The year of change* activities.

Please send us your work from the previous learning if you haven't done so already.
Have a good day!

Time	Learning
9-9:30	<p>Wake up Shake up - please use this time to exercise.</p> <p>There are lots of different options, here are a few you could choose from:</p> <p>Joe Wicks - https://www.thebodycoach.com/blog/pe-with-joe-1254.html</p> <p>Cosmic yoga - https://www.youtube.com/user/CosmicKidsYoga</p> <p>Just dance - https://www.youtube.com/watch?v=oe_HDfdmnaM</p> <p>You could use this time to take a walk/bike ride as your daily exercise.</p>
9:30-10:00	<p>Phonics</p> <p>Your child should start their phonics session by watching a video which introduces a new sound. The video can be found here: https://www.youtube.com/channel/UCo7fbLgY2oA_cFCIq9GdxtQ?fbclid=IwAR2zPh6YahiI_fOxLD_ikMQES-EWj_l_6L8MYTCYYUYMBv-1DePkw5_7--E</p> <p>If the link doesn't work try clicking on this link https://www.ruthmiskin.com/en/find-out-more/help-during-school-closure/ and then click on either the YouTube link or the Facebook link on the first line.</p> <p>The videos are only streamed at certain times of the day and are set depending. The times are:</p>

	<ul style="list-style-type: none"> • Set 1 Speed Sounds at 9.30am • Set 2 Speed Sounds at 10.00am • Set 3 Speed Sounds at 10.30am <p>(It may be better to do mental maths and problem solving first and come back to phonics, if your video is at a later time)</p> <p>In terms of the reading section of the phonics lesson, Oxford Owl are making all the phonics books available online as ebooks. Here is the link https://home.oxfordowl.co.uk/reading/reading-schemes-oxford-levels/read-write-inc-phonics-guide/</p> <p>Once you've clicked on the link then click on ebooks and then you need to register but it is completely free. Once registered you can then open all the ebooks and choose the correct banded level for your child.</p> <p>This means you do not need to look at the RWI books on the school website and we will not be adding any further books there.</p> <p><u>Guided reading:</u></p> <p>If your child is not in a phonics group and instead does guided reading, please find newly uploaded texts on the Butterflies home learning page here: https://www.sealprimary.com/page/?title=Home+Learning&pid=470, please find today's timetable and the text will be there.</p>
10:00-10:15	<p>Mental maths</p> <p>Number fact families!</p> <p>https://www.topmarks.co.uk/number-facts/number-fact-families</p>
10:15 - 10:30	<p>Problem solving - fractions</p>

True or False?

1. A half is always equal to two quarters, no matter how big the shape is.

True or False?

2. Jessica was happy when she got the bigger quarter of birthday cake. Is this possible?

10:30 - 11:00

Breaktime/snacktime


11:00 - 11:45

Science AYOC



LO: to identify and name parts of the human body

SC1: I can explain what a skeleton is

	<p>SC2: I can explain what muscles are.</p> <p>SC3: I can name the important ones of the body.</p> <p>Have a look here to remind ourselves of our body parts. Remember to do the quiz as well as the game!</p> <p>https://www.bbc.co.uk/bitesize/topics/z9yycdm/articles/zqhbr82</p> <p>Have a look at this power point:</p> <p>https://sites.google.com/kmtraining.org.uk/homelearning/a-year-of-change</p> <p>Can you put the heart, lungs and brain in the right place on the picture? It's attached as a PDF.</p>
11:45-12:00	<p>Science AYOC </p> <p>LO: to use observations and ideas to suggest answers to questions</p> <p>SC1: I can identify what muscles I am during</p> <p>SC2: I can explain the importance of muscles during exercise.</p> <p>SC3: I can describe what happens to my heart when I am exercising.</p> <p>You are a scientist! We are going to ask you to try a simple experiment. Then you are going to try and answer the following questions like a scientist. Can you make a prediction before you try the experiment?</p> <p>Do 10 star jumps, then run on the spot for 10 seconds!</p> <p>What can you feel? Which parts of your body are tired? What's happening inside your body? Are you breathing quicker? What observations of your body can you make?</p> <p>Now lie on the ground quietly. What's happening inside your body now? Are you breathing differently? Is your heart doing anything different?</p>
12:00- 1:15	Lunch
1:15-1:30	Cursive handwriting practise

1:30- 2:30

English suffixes

LO: to use the suffixes **est**, **er**, **ed**, and **ing**

SC1: I can explain what a suffix is

SC2: I can use words with **est**, **er**, **ed** and **ing** in a sentence.

SC3: I can think about the tense the words are in with and without the suffix.

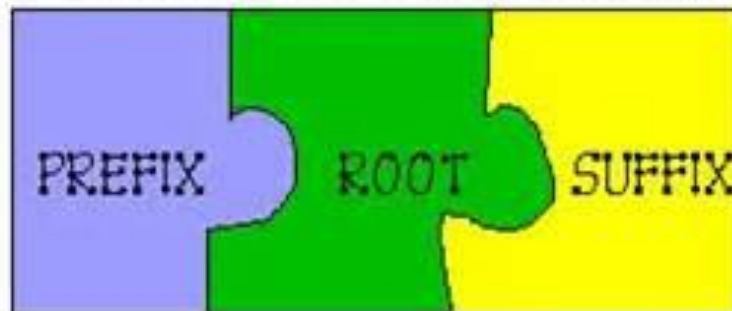
Can you remember what a suffix is? Watch this video to remind you:

<https://www.bbc.co.uk/bitesize/topics/z8mxrwx/articles/zwgbcwx>

Try this game.

<https://www.bbc.co.uk/bitesize/topics/z8mxrwx/articles/zwgbcwx>

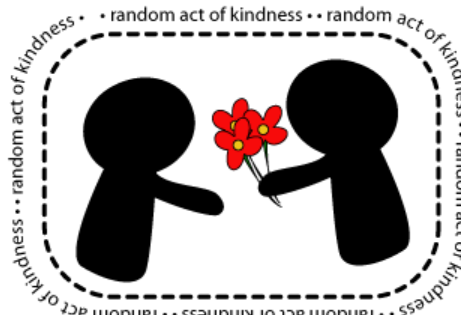

WORD PARTS ARE
LIKE PARTS OF A PUZZLE!



We are going to give you a list of words which you need to add a specified suffix to and put in a sentence. Do you notice anything about what happens to the word/sentence when you add the suffix? Can you make some of your own? The first one is done for you.

Here is a video to help you: <https://youtu.be/xExYFST7Gqo>

1. fast -> fastest. I am the fastest.
2. play -> ing
3. water -> ed
4. slow -> er
5. dark -> est

	<p>Try this quiz as an extra activity</p> <p>https://www.educationquizzes.com/ks1/english-spelling/year-1-words-ending-with-est/</p>
2:30-3:00	<p>Choose time - work related</p> <p>Use this time to complete an activity you haven't had time to achieve from this week or last. You could also use it to keep working on your aspiration. You could use this time to complete another random act of kindness! Or you could have a think about what kinds of things you would like to put in your exercise video. Here are some links you could watch for inspiration.</p> <p>https://www.youtube.com/watch?v=XGqjVI6J5Ew&list=PLyCLoPd4VxBudCnXPQCehUq4iBnmPTKZm&index=3&t=0s</p> <p>https://www.youtube.com/watch?v=L_A_HjHZxfI</p> <p>https://www.youtube.com/watch?v=X655B4ISakg</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>
3:00-3:15	<p>Story time</p> <p>On Tuesday's Mrs Jones is going to read you a story ...</p> <p>https://www.youtube.com/watch?v=lpIIG_jHoT4</p>

Well done to everyone for their learning today!

Please do not worry if weren't able to complete everything on the timetable. We think you've all done a brilliant job!

Take care and stay safe,
Miss Cuss and Miss Theobald