

Good morning!

We will allot time on Friday for completing the challenge outcome. This week the outcome will be on Thursday. Throughout the week, we will be participating in learning which should help us when we get to the outcome day. We are aspiring, persevering, reflective learners, so we will be doing some work in our reflective journal throughout the week. To make sure you know which lessons are linked to our weekly challenge, we



will mark the lesson with a  and **AYOC** to show it is part of *The year of change* activities.

Please send us your work from the previous learning if you haven't done so already.
Have a good day!

Time	Learning
9-9:30	<p>Wake up Shake up - please use this time to exercise.</p> <p>There are lots of different options, here are a few you could choose from:</p> <p>Joe Wicks - https://www.thebodycoach.com/blog/pe-with-joe-1254.html</p> <p>Cosmic yoga - https://www.youtube.com/user/CosmicKidsYoga</p> <p>Just dance - https://www.youtube.com/watch?v=oe_HDfdmnaM</p> <p>You could use this time to take a walk/bike ride as your daily exercise.</p>
9:30-10:00	<p>Phonics</p> <p>Your child should start their phonics session by watching a video which introduces a new sound. The video can be found here: https://www.youtube.com/channel/UCo7fbLgY2oA_cFCIq9GdxtQ?fbclid=IwAR2zPh6YahiI_fOxLD_iKMQES-EWj_l_6L8MYTCYYUYMBv-1DePkw5_7--E</p> <p>If the link doesn't work try clicking on this link https://www.ruthmiskin.com/en/find-out-more/help-during-school-closure/ and then click on either the YouTube link or the Facebook link on the first line.</p> <p>The videos are only streamed at certain times of the day and are set depending. The times are:</p>

- Set 1 Speed Sounds at 9.30am
- Set 2 Speed Sounds at 10.00am
- Set 3 Speed Sounds at 10.30am

(It may be better to do mental maths and problem solving first and come back to phonics, if your video is at a later time)

In terms of the reading section of the phonics lesson, Oxford Owl are making all the phonics books available online as ebooks. Here is the link <https://home.oxfordowl.co.uk/reading/reading-schemes-oxford-levels/read-write-inc-phonics-guide/>

Once you've clicked on the link then click on ebooks and then you need to register but it is completely free. Once registered you can then open all the ebooks and choose the correct banded level for your child.

This means you do not need to look at the RWI books on the school website and we will not be adding any further books there.

Guided reading:

If your child is not in a phonics group and instead does guided reading, please find newly uploaded texts on the Butterflies home learning page here: <https://www.sealprimary.com/page/?title=Home+Learning&pid=470>, please find today's timetable and the text will be there.

10:00-10:30

Grammar sentence starters - time order words!

Time order words start at the beginning of sentences and explain to us when something is happening. Here are some examples in sentences:

First, I would like to eat my lunch.

Later, we are going to build a sandcastle.

Yesterday, we all wrote a letter to a key worker as an act of kindness.

Have a go at the noughts and crosses of time order words!

Next	Then	When
Later	After	On Monday
Yesterday	Finally	Tomorrow

10:30 - 11:00

Breaktime/snacktime

11:00 - 12:00

Maths

LO: to use measure to solve problems.

SC1: I can measure time in seconds

SC2: I can solve practical problems for time and measurement.

SC3: I can use mathematical vocabulary to explain my workings.

We have been looking at measuring. On Monday, we looked at measuring time in hours, minutes and seconds. Today, you are going to solve some problems using time. We can also measure how long or tall something is. We looked at this before Easter.

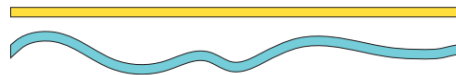
Have a go at some of these word problems then watch the solution video.

Easier

LENGTH

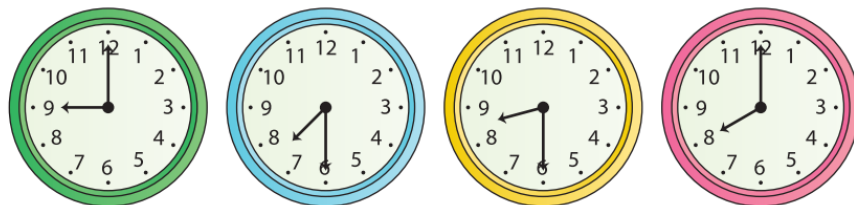
Which line is longer?

Explain your reasoning.



Sam leaves for school at 8 o'clock. Jay leaves half an hour later than Sam. Circle the clock which shows when Jay leaves for school.

Explain your reasoning.



Circle the times which are shorter than 1 week.

1 year 1 day 1 minute 1 hour 1 month

Harder

A long brick is twice the length of a short brick.

Which is longer:

2 long bricks or 3 short bricks?

3 long bricks or 5 short bricks?



I walk to school every day. On Monday my journey takes 10 minutes.

On Tuesday I walk more slowly. Does my journey take more or less time than on Monday?

Explain your answer.

On Wednesday it takes me 8 minutes to walk to school.

On which of the 3 days do I walk quickest?

On which of the 3 days do I walk slowest?

Explain your reasoning.

Here is a solution video. <https://www.youtube.com/watch?v=xrEjGsHsVGY>


Activity

Find someone in your home to help you with this. First you need to have an estimate. For example, how many seconds do you think it will take you to run the length of the room? Put it in the estimate box. Then get someone to time you running the length of the room. You will need a clock or a watch. Write that in the box.

What was the difference? Did you think it would take you more time or less time?

Now swap! Who was the fastest? The slowest? By how many seconds?

	Activity	Estimate	Actual	Difference
	20 star jumps			
	Link 10 paper clips			
	Write the word 'seconds' 20 times			
	Order a set of 25 number cards from smallest to largest			

	See if you can think of anymore!			
12:00- 1:15	Lunch			
1:15-1:30	Cursive handwriting practise			
1:30- 3:00	 <p>We are going to plan our exercise video!</p> <p>Which sport are you doing to choose in your video? We have attached a plan as a PDF to help you with your video. It is full of boxes so you can draw a picture of what the pose/exercise looks like. There are a few extra so you may not need them all.</p> <p>Watch the beginning of these different videos. Do not to watch the whole things right now. You may have seen them yesterday or you could look at them later if you would like.</p> <p>https://www.youtube.com/watch?v=XGqjVI6J5Ew&list=PLyCLOpd4VxBudCnXPQCehUg4iBnmPTKZm&index=3&t=0s</p> <p>https://www.youtube.com/watch?v=L_A_HjHZxfI</p>			

	<p>https://www.youtube.com/watch?v=X655B4ISakg</p> <p>You should have seen the warmups. Warmups are important to make sure our bodies are ready to do exercise.</p> <p>Are there any warm ups or activities you saw you would like to include in your video? Write it down on your plan so you don't forget! Here are some more warm up ideas.</p> <p>https://www.youtube.com/watch?v=d3LPrhIOv-w</p> <p>https://www.youtube.com/watch?v=dRQf3yFXO1Y</p> <p>After warmups, the videos contain 2 or 3 different exercises to help improve in your chosen sport. Have a look back at the videos to see some of the exercises.</p> <p>Have a think about what activities you would like to include and write them down on the plan, so you don't forget them! Here are some more ideas.</p> <p>https://qalo.com/blogs/qalo-life/12-at-home-workouts-to-do-with-your-kids</p> <p>Lastly, we must always remember to stretch or cool down. There are some ideas on the original videos, but here are some more!</p> <p>https://www.youtube.com/watch?v=wK99III1oFM</p> <p>If you have time you could try one of the exercise videos now yourself!</p>
3:00-3:15	<p>Story time</p> <p>On Wednesdays Mrs Clarke is going to read you a story</p> <p>https://youtu.be/I9DpADPnA3k</p>

Well done to everyone for their learning today!

Please do not worry if weren't able to complete everything on the timetable. We think you've all done a brilliant job!

Take care and stay safe,
Miss Cuss and Miss Theobald