

<p>9:00-9:30 am</p> 	<p style="text-align: center;"><u>P.E</u></p> <p>There are lots of different options, here are a few you could choose from:</p> <p><b>Joe Wicks</b> - <a href="https://www.thebodycoach.com/blog/pe-with-joe-1254.html">https://www.thebodycoach.com/blog/pe-with-joe-1254.html</a></p> <p><b>Cosmic yoga</b> - <a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a></p> <p><b>Just dance</b> - <a href="https://www.youtube.com/watch?v=oe_HDfdmnaM">https://www.youtube.com/watch?v=oe_HDfdmnaM</a></p> <p>You could use this time to take a walk/bike ride as your daily exercise.</p>
<p>9:30 – 9:45 am</p> 	<p style="text-align: center;"><u>Mental Arithmetic</u></p> <p style="text-align: center;">Division facts for the two times table – test.</p> <div style="border: 1px solid black; padding: 10px; margin: 10px 0;"> <p>Please go to: <a href="http://www.timestables.me.uk/printable-pdf-quiz-generator.htm">http://www.timestables.me.uk/printable-pdf-quiz-generator.htm</a></p> <p>Click on 2x table and then select ‘divide by (inverse)’ instead of ‘times by.’ Then click ‘generate.’ Ask someone to time you for 3 minutes to see how many you can get right in this time.</p> <p>If you would like a further challenge, please click on ‘times by’ as well to test your multiplication &amp; division facts at the same time.</p> </div>
<p>9:45 – 10am</p>	<p style="text-align: center;"><u>Spelling</u></p>

	<p>Ask someone to read the following words to you. Write them down and then at the end, check to see how many you got correct. If you made any errors, try re-writing that word another 8 times.</p> <p>Here are your words:</p> <p>Softly Slowly Happily Bravely Calmly Quickly Badly Lightly Angrily</p>
<p>10 -10:30</p> 	<p><u>Breaktime – have a healthy snack and a play</u></p>
<p>10:30– 11:00</p> 	<p>Reading – <u>RWI Phonics</u></p> <p><i>Oxford Owl have made available for parents all the ebooks linked to each RWI level. This means we no longer need to upload the books to the webpage. Instead, please go to the webpage below. If you go onto ‘ebooks’ then you will need to register (this is free of charge) and then you will be able to access all the ebooks and choose the correct banded level for your child. Please note that the RWI phonics scheme is based on lots of repetition. Therefore, we usually read the same book about 3 or 4 times before moving onto a new book. For some</i></p>

children they may need to read it more than this to ensure they are completely fluent in reading the book (no sounding out).

<https://home.oxfordowl.co.uk/reading/reading-schemes-oxford-levels/read-write-inc-phonics-guide/>

A general guide is:

*1<sup>st</sup> read – decoding all the words – sound out as much as you need to.*

*2<sup>nd</sup> read – read for fluency (try to read with more fluency and expression).*

*3<sup>rd</sup> read – read with fluency, expression and comprehension. Try answering the comprehension questions at the back.*

*This website also provides lots of other information for parents about phonics. It has other resources on here too should you wish to explore!*

- For every phonics session, please continue to watch the speed sounds lesson on the Ruth Miskin Youtube channel. Then read a book from the webpage detailed above.

Timings for the speeds sounds lessons are:

***Set 1 lesson is at 9:30am or 12:30pm (red, green & purple groups)***

***Set 2 lesson is at 10:00am or 1:00pm (pink, orange and yellow groups)***

***Set 3 lesson is at 10:30am or 1:30pm (blue and grey groups)***

If you are unsure which group your child should be in, please contact your child's class teacher.

**Guided reading – for those of you in guided reading, please complete the guided reading task on the webpage**

11 – 11:15

2<sup>nd</sup> Breaktime

Or



Do a chosen mindfulness activity e.g. drawing, going for a walk (if you can), dancing, listening to music and deep breathing etc.

11:15 – 12:15

### Maths

**L.O. To create different shapes out of existing shapes (creating)**

SC1: I can create new shapes.

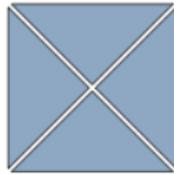
SC2: I can name the shapes I have made.

SC3: I can describe the properties of the shapes I have made.

Complete this challenge:

1.

Cut a square piece of paper as shown. Rearrange the pieces to make different shapes. What different shapes can you make?



Describe the properties of the shapes you make.

Can you make some shapes which have at least one line of symmetry?

Then, complete this challenge on nrich: <https://nrich.maths.org/7009>

Complete the task as stated and name every shape you have made within your pattern. How do you know that is the shape you have made? What tells you it is that shape? For example, I know this is a pentagon because it has 5 sides, they are not all equal so it is irregular.

12:15 –  
1:15pm

Lunchtime and playtime



1:15 -2:15pm



### Challenge

**To use effective communication to deliver a speech**

- 1. I can speak loudly and clearly**
- 2. I can use hand gestures and facial expressions**
- 3. I can differ the volume and tone of my voice**
- 4. I can use pauses for effect**

Watch the following video of children giving motivational speeches. What is it that makes their speeches sound inspiring? Write down some key points about the way they are talking.

<https://www.youtube.com/watch?v=kGusd0HKvtY>

I noticed that the children did the following when speaking:

- Used their hands to gesticulate
- Changed the volume of their voice (when making key points and when becoming more passionate, they got louder)
- The speed that they are speaking varied. Sometimes they spoke slowly. They emphasised key points.
- They paused at certain points, especially after asking a question.
- They spoke clearly.

Now practise your speech. Record it once and then watch it back. Look at the success criteria. Did you do those things whilst delivering your speech?

How could you improve your speech?

Record the speech again! Send it to your teacher for us to put onto our website so that we can inspire others. It would be great if you could think of ways that you could share your speech with even more people.



### Story time

<https://www.youtube.com/watch?v=E3Jl9FpgaQ8>

2:15 – 2:25pm	Harry and the bucketful of dinosaurs
2:25 – 3pm	<p style="text-align: center;"><u>Music</u></p> <p>Mrs Hunt (our music leader) has uploaded music videos to our website (curriculum – music). Every Friday afternoon we would like the children to practise the songs.</p> <p>Mrs Hunt will be uploading new ones every now and then. The idea is that when we get back to school, we can have a celebratory singing concert. If your child would like to record themselves singing, please email clips to Mrs Chloe Hunt at: <a href="mailto:chunt@four-elms.kent.sch.uk">chunt@four-elms.kent.sch.uk</a>. The clips will then be collated into a video.</p>