9:00-9:30 am	P.E
	There are lots of different options, here are a few you could choose from:
	Joe Wicks (this is only on certain days but you can watch a
	previous video if need be) -
	https://www.thebodycoach.com/blog/pe-with-joe-
	1254.html
	Cosmic yoga -
	https://www.youtube.com/user/CosmicKidsYoga
	Just dance -
	https://www.youtube.com/watch?v=oe HDfdmnaM
	You could use this time to take a walk/bike ride as your daily exercise.
9:30 – 9:45 am	Mental Arithmetic
	Coconut multiples
	https://www.topmarks.co.uk/times-tables/coconut-
	<u>multiples</u>
	Practise your 2, 5 or 10 times tables – a multiple means that
	it is in the 2x tables e.g. 2, 4, 6, 8, 10. A multiple of 10
	would be 10, 20, 30, 40 etc.
9:45 – 10am	Spelling
	This week the words that you need to spell are words with the suffix 'ful'. It is up to you how you choose to learn these spellings. You may want to write parts of the word in different colours, you could write the words in lots of different ways or you could create your own rhyme to remember them. It is completely up to you to choose a method which works for you. You will be practising the same words all week and then on Friday there will be a spelling test.
	Painful Cheerful Thankful Wonderful Delightful

	Colourful Joyful Truthful
10 -10:30	Breaktime – have a healthy snack and a play
10 -10:30	Reading RWI Phonics Oxford Owl have made available for parents all the ebooks linked to each RWI level. This means we no longer need to upload the books to the webpage. Instead, please go to the webpage below. If you go onto 'ebooks' then you will need to register (this is free of charge) and then you will be able to access all the ebooks and choose the correct banded level for your child. Please note that the RWI phonics scheme is based on lots of repetition. Therefore, we usually read the same book about 3 or 4 times before moving onto a new book. For some children they may need to read it more than this to ensure they are completely fluent in reading the book (no sounding out). https://home.oxfordowl.co.uk/reading/reading-schemes-oxford-levels/read-write-inc-phonics-quide/ A general guide is: 1st read – decoding all the words – sound out as much as you need to. 2nd read – read for fluency (try to read with more fluency and expression). 3rd read – read with fluency, expression and comprehension. Try answering the comprehension questions at the back. This website also provides lots of other information for parents about phonics. It has other resources on here too
	 should you wish to explore! For every phonics session, please continue to watch the speed sounds lesson on the Ruth Miskin Youtube channel. Then read a book from the webpage detailed above.
	Timings for the speeds sounds lessons are:

	Set 1 lesson is at 9:30am or 12:30pm (red, green & purple groups) Set 2 lesson is at 10:00am or 1:00pm (pink, orange and yellow groups) Set 3 lesson is at 10:30am or 1:30pm (blue and grey groups) If you are unsure which group your child should be in, please contact your child's class teacher.
	Guided reading – for those of you in guided reading, please complete the guided reading task on the webpage.
11 – 11:15	2 nd Breaktime Or Do a chosen mindfulness activity e.g. drawing, going for a walk (if you can), dancing, listening to music and deep breathing etc.
11:15 – 12:15	Maths POSITION AND DIRECTION L.O. – to understand how objects move in a straight line (understanding). SC1: I can move an object on a grid and follow directions. SC2: I can describe how an object has moved on a grid. SC3: I can use words like forwards, backwards, left, and right to represent journeys. Today we are going to use some of the words we learnt yesterday to describe how objects move. forwards backwards, left, right 1. Watch the short video clip where I go through an example of how to move an object around a treasure map. https://youtu.be/IAKOT7c5-Fc

	 Grab a small object, for example, a counter, coin or button and physically move it across the map – you can either move it across the screen or if you have a printer you can print out the map (it is attached to our class page). Using only the words <i>left, right, forwards, backwards,</i> follow the directions and write down the answers in your maths books (or on the sheet).
12:15 – 1:15pm	Lunchtime and playtime
1:15 -2:45pm	Challenge LO: To know the purpose of news reports. Success Criteria: SC1: I can recognise key features SC2: I can read and understand a newspaper text. SC3: I can explain the difference between a fact and an opinion. Today we are going to focus on newspaper articles as we are going to write an article/report to go into our time capsule. Firstly, let's remind ourselves about the key features of Newspaper articles. Please follow the PowerPoint attached below. Now I would like you to go on a newspaper article search around your house! See what you can find and have a read through a fewyou may also enjoy looking on this website: https://live.firstnews.co.uk/ When you are reading, can you spot the following key features? • Headlines • Captions • Pictures • Facts and opinions
	Dates and timesQuotes

	 Punctuation (what can you spot and how has it been used?) Keep everything safe for tomorrow as we will start to plan your own news report then!
2:45 – 3pm	Story time
	https://youtu.be/ak3LiYb3n1Y - Gary's banana drama