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| Timings: | Activity: |
| 10 minutes | **Sensory Circuit** |
| 10 minutes | **Effective Communication**  Please watch this video and complete the tasks alongside Miss Coleman. |
| 10.05 on tv  Or 10 minutes anytime on BBC IPlayer | **CBBC Celebrity Supply Teacher – Heston Blumenthal**  The chef presents a cookery class! |
| 15 minutes | **Reading**  Complete the RWI or guided reading session that you have been allocated. Please contact me if you are unsure or would like to discuss reading. |
| 15 minutes | **Mini Maths**  Please play on TT Rockstars or mathletics. |
| 5 minutes | **Little Literacy**  **LO: To know how commas separate items in a list**  Follow the following link to watch a fun video and complete a short activity:  <https://www.bbc.co.uk/bitesize/topics/z8x6cj6/articles/zxvcrdm> |
| 15 minutes | **Wellbeing**  Please choose one of the wellbeing activities on the main Nurture page. The most recent video will be at the top –  **Yoga – sitting sequence for energising** |
| 10 – 30 minutes | **CBBC programmes**  These can be watched on the tv at the stated times or at any time on BBC iPlayer.  11.05 – Art Ninja – ‘day of the world trip’  11.35 – Operation Ouch – Why is poo brown?! |
| 20 – 30 minute sessions | **Zoom Toast time!**  You should have been invited to a zoom session at either 2.00pm or 2.30pm – we can’t wait to see you there! |